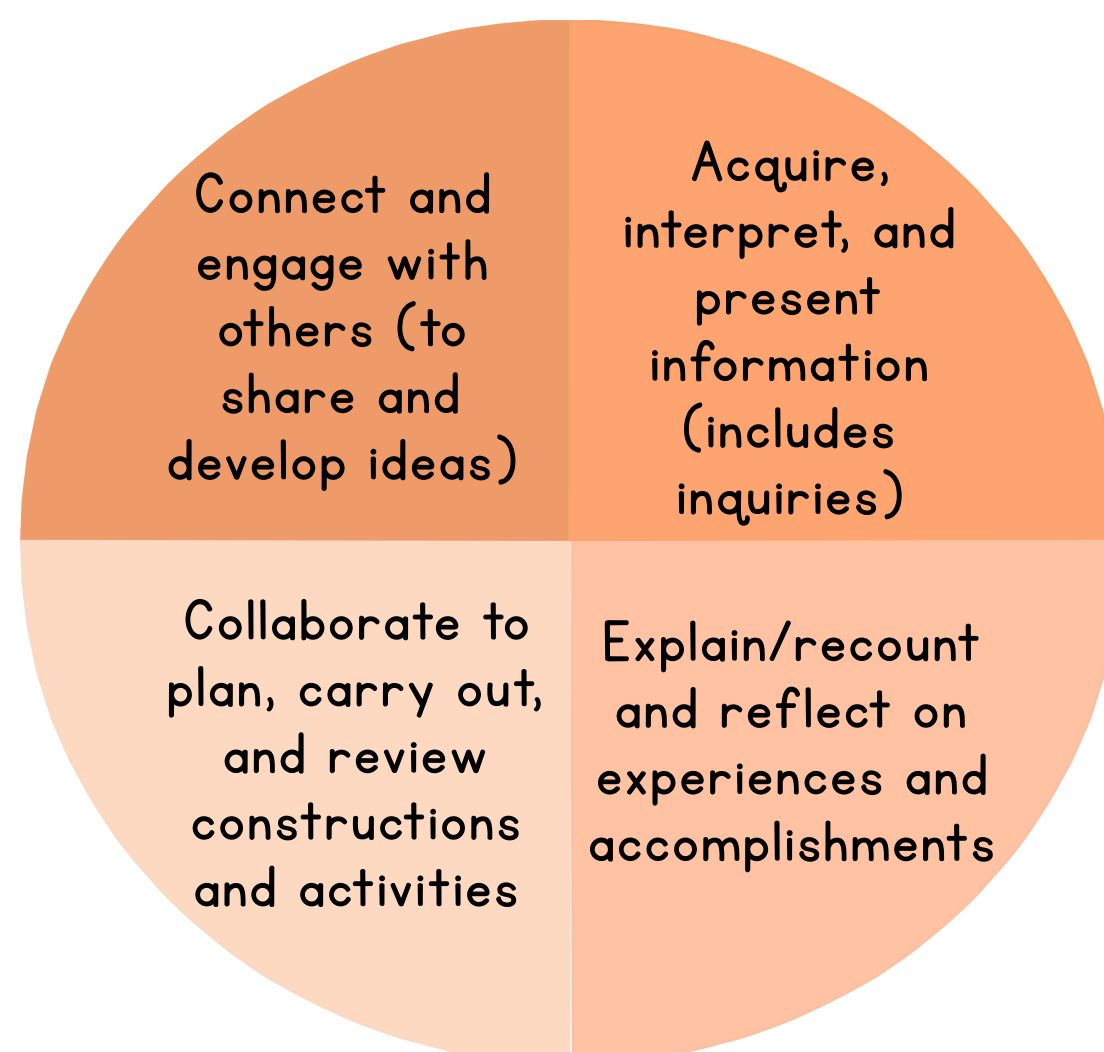


Communication



I ask and respond to simple, direct questions.

I am an active listener; I can ask the speaker questions and make connections.

I recognize that there are different points-of-view and I can disagree respectfully.

I can understand and share information about a topic that is important to me.

I plan and present information clearly and in an organized way.

I can present information and ideas to different audiences.

I can plan and complete activities with others; I do my share.

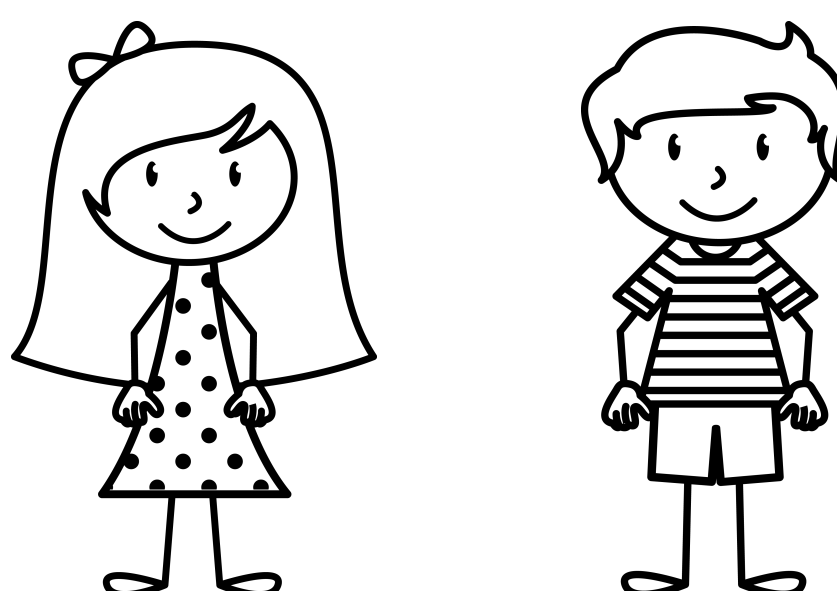
I can take on roles and responsibilities in a group

I can express my ideas and I encourage others to express theirs.

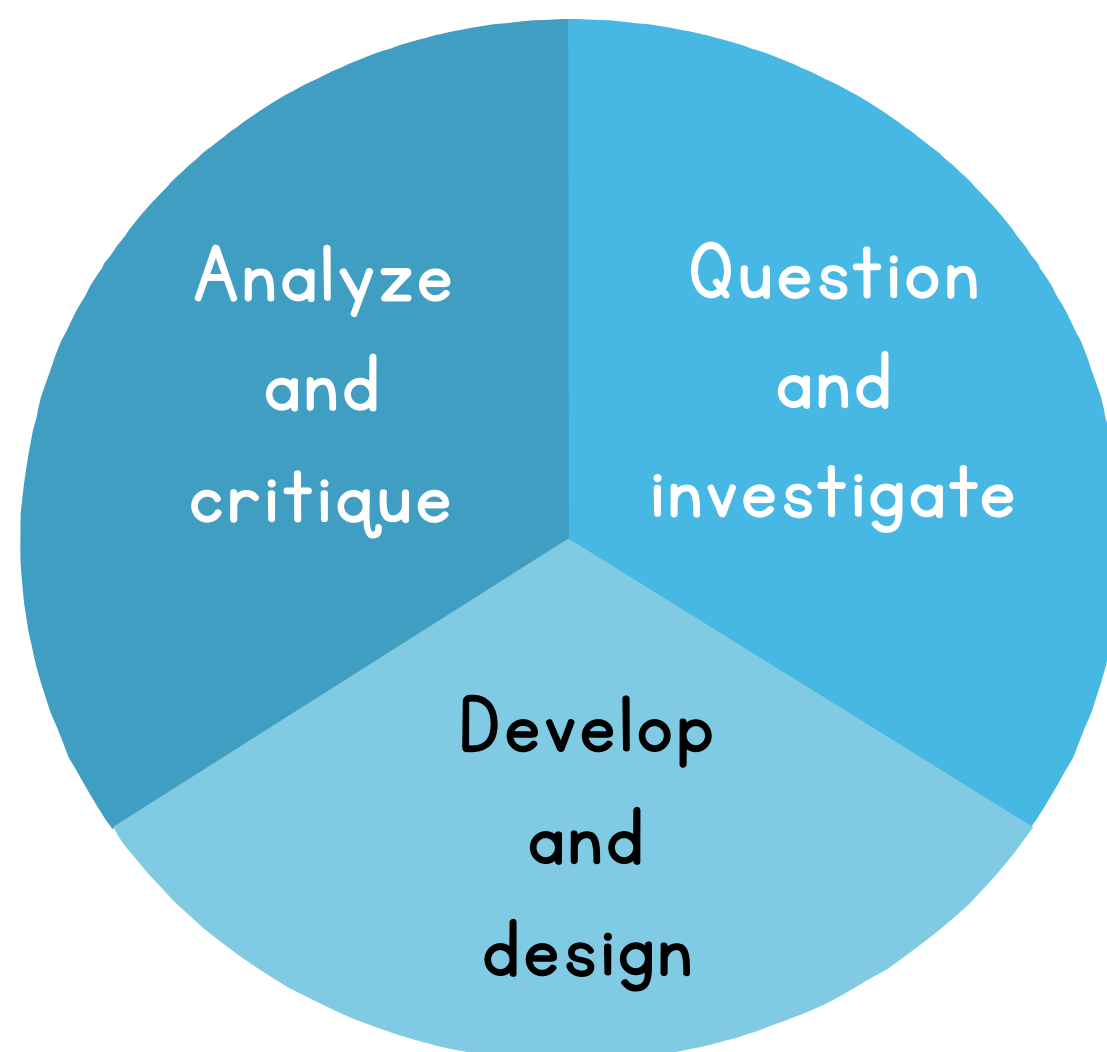
I give, receive, and act on feedback.

I can talk about my learning experiences and activities.

I can show and/or tell how my learning connects to my experiences and efforts.



Creative Thinking



I get ideas when I play. My ideas are fun for me and make me happy.

I can get new ideas and/or build on other people's ideas to create new things.

I get new ideas when I explore topics I am interested in.

I get ideas when I use my senses to explore.

I can get new ideas and/or build on other people's ideas to solve problems.

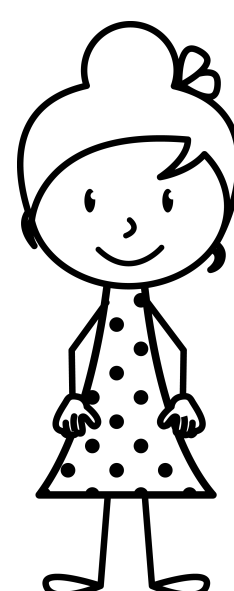
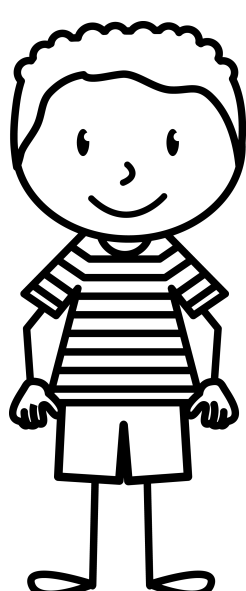
I choose to learn a lot about things I have a strong interest in, so that I am able to come up with new ideas.

I have strategies for quieting my mind so that I can be more creative.

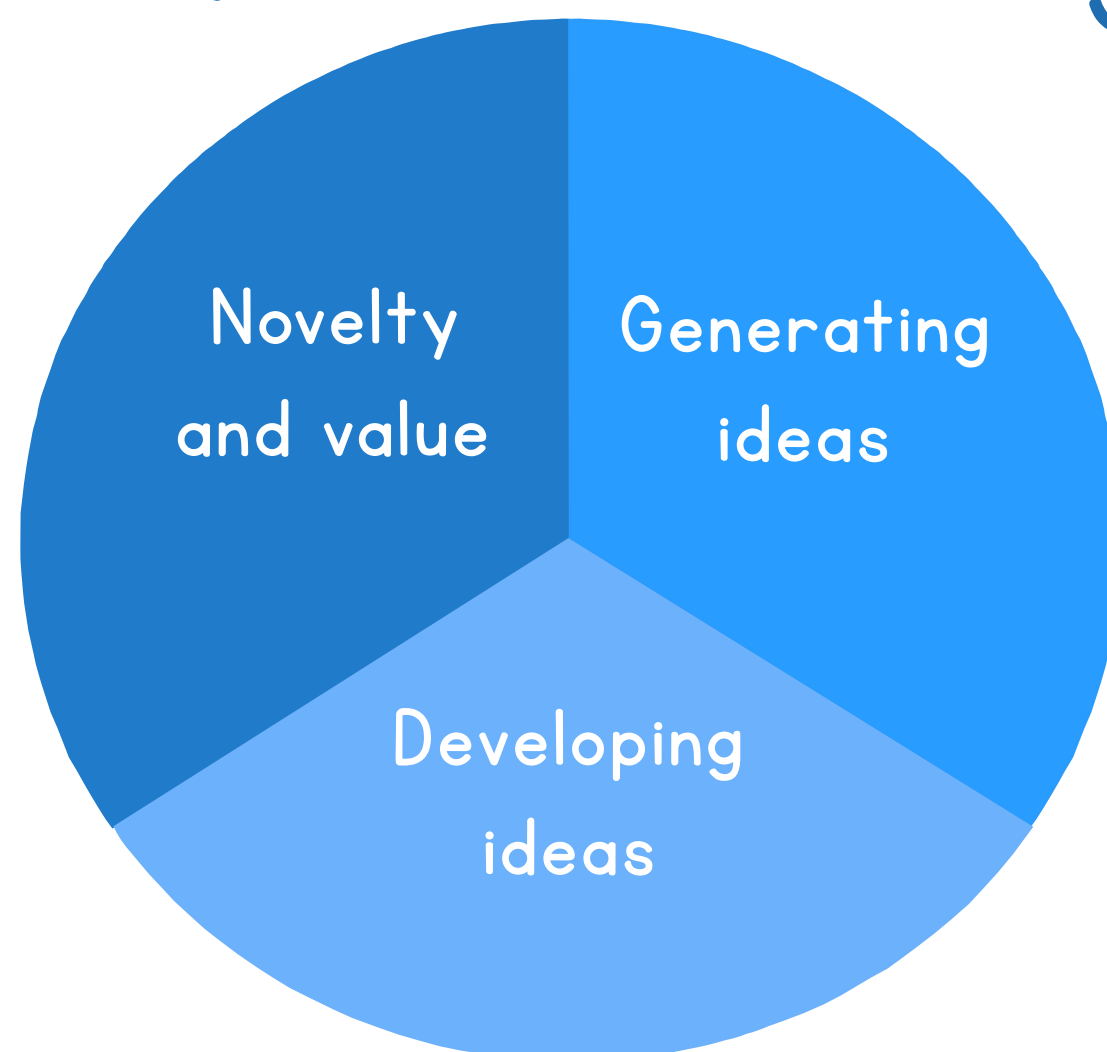
I make my ideas work or I change what I am doing.

If I keep playing with my ideas, I can usually make them work, even if it takes a few tries.

I learn from my experiences, including my mistakes, and remember what I learned for the next time.



Critical Thinking



I can show if I like something or not.

I can tell or show something about my thinking.

I can study information from different perspectives.

I can reflect on and explain my thinking, work, and choices, and decide if they worked or not.

I can explore materials and actions.

I can ask open-ended questions and gather information.

I can consider more than one way to explore or investigate an issue, problem or idea.

I can evaluate and make judgments about sources of information.

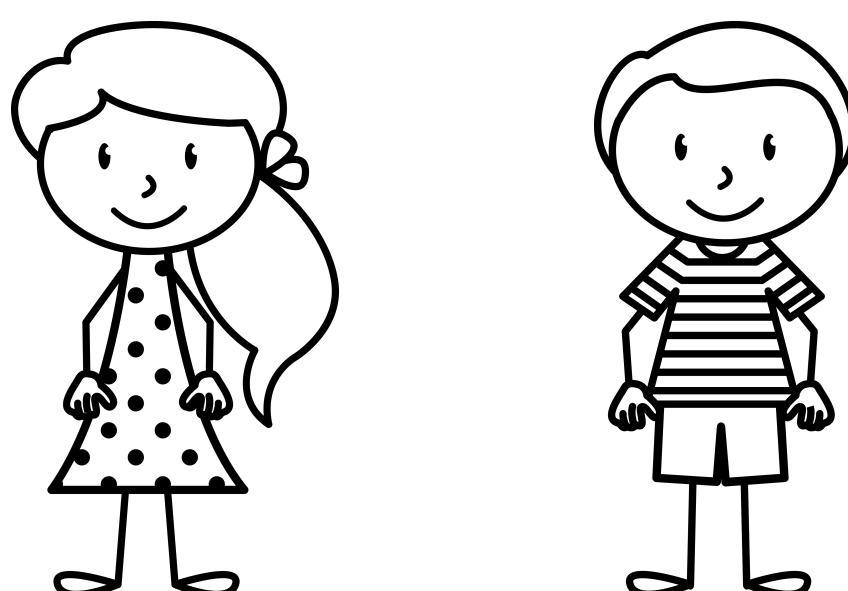
I can tell the difference between facts and opinions.

I can experiment with different ways of doing things.

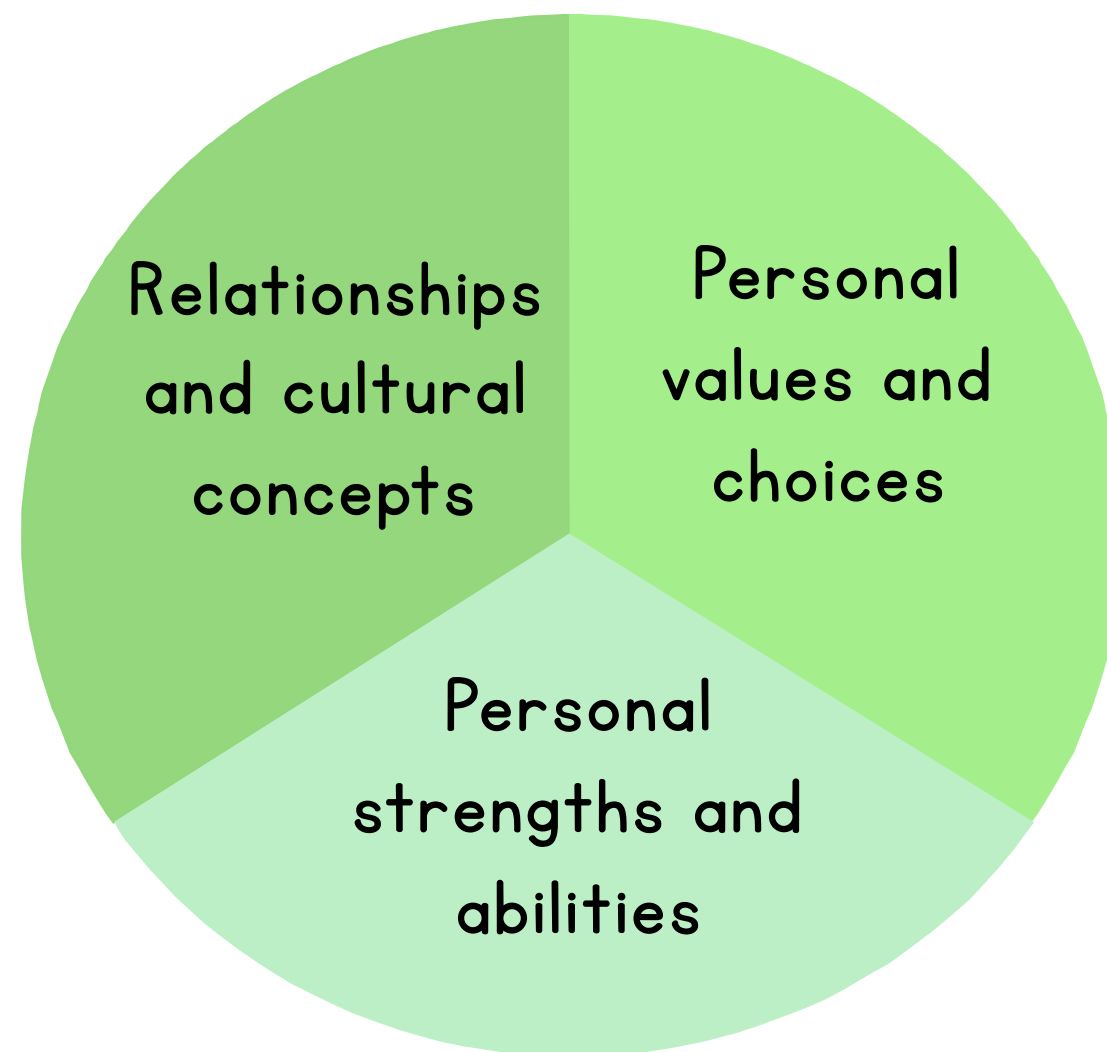
I can develop criteria for evaluating design options.

I can monitor my progress and adjust my actions to make sure I achieve what I want.

I can make choices that will help me create my intended impact on an audience or situation.



Positive Personal and Cultural Identity



I know my name. I know that I am different and/or unique from other people.

I am able to identify the different groups that I belong to.

I can describe my family, home, and the people and/or places that make up my community.

I have pride in who I am. I know that my identity is made up of different parts.
(such as family, communities, school, friends, heritage)

I can identify people, places and things that are important to me.

I can explain what I like and dislike. I am able to explain what interests me.

I can explain what I believe in, and how my beliefs affect choices I make.

I understand how my beliefs and/or values shape my choices.

I can tell how some important aspects of my life have been influenced by my values.

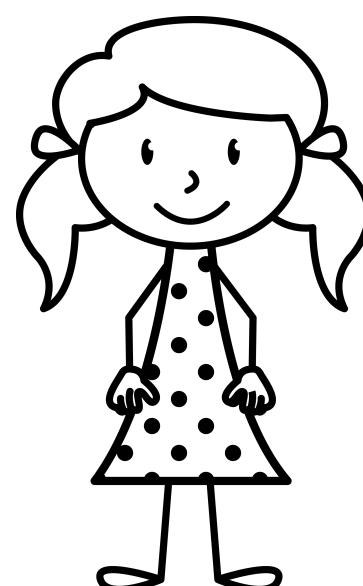
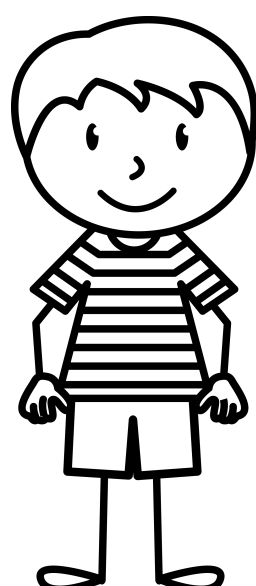
I understand that learning takes patience and time.

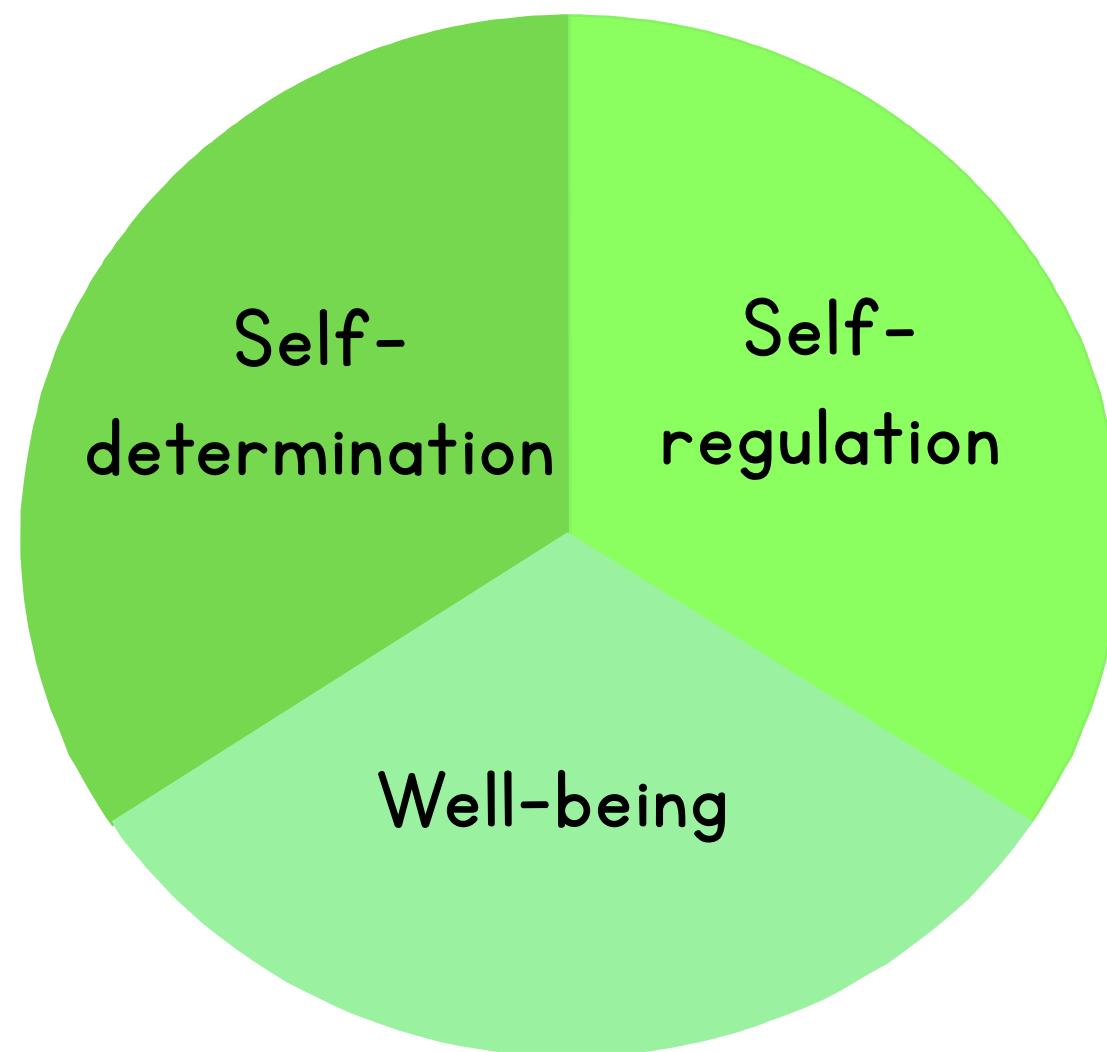
I can identify my individual characteristics.

I can identify my strengths and use them to contribute positively to my community.

I can describe and take pride in my positive qualities, traits and/or skills.

I understand that I can work hard to develop new skills and traits that will help me meet new challenges.





I can show a sense of accomplishment and joy.

I can share and celebrate my efforts, ideas and accomplishments.

I can express some wants, needs, and preferences.

I can sometimes recognize emotions.

I can use strategies that help me manage my feelings and emotions.

I can accept responsibility for my actions.

I can stick with it, or persevere, when I am doing something that is challenging, or that I feel I'm not good at yet.

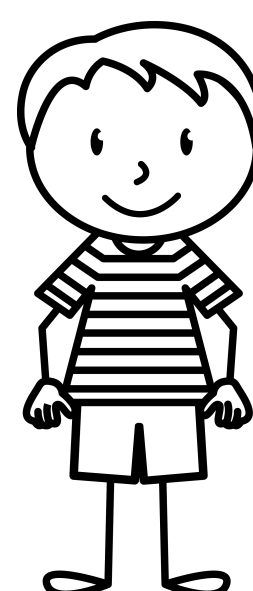
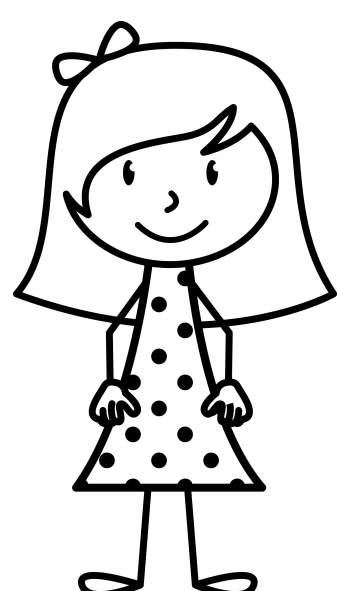
I can set goals that I feel I am able to meet, and use a plan and strategies to help me meet my goals.

I understand that my actions can have either a positive or negative result for me and/or others.

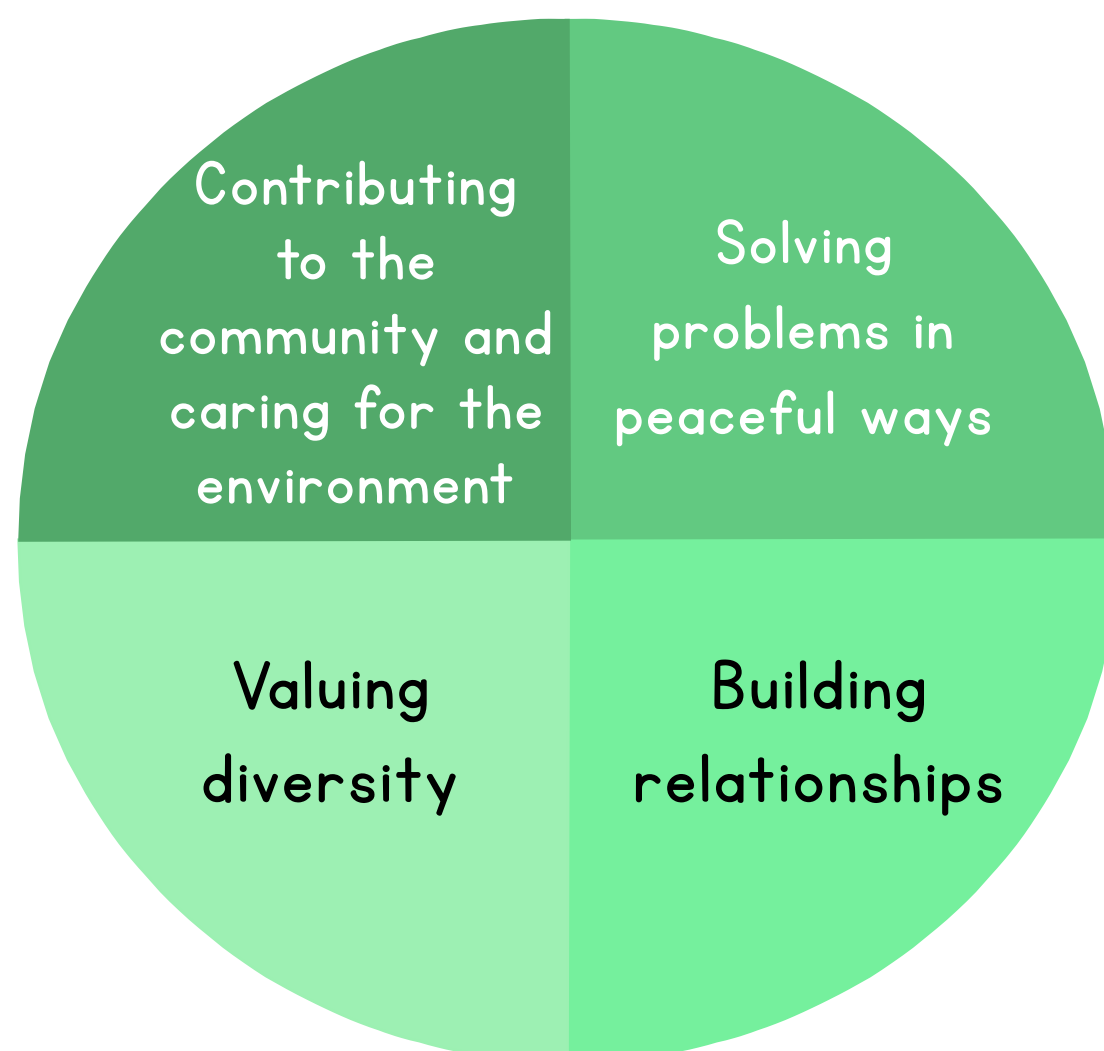
I can participate in activities that support my health and happiness (or well-being).

I can use some strategies to help me feel calm when I feel emotions like being upset, worried, nervous, frustrated...

I can make positive choices that will help keep me safe, including when I'm online.



Social Responsibility



I can be part of a group.

I can talk and work respectfully with my friends, classmates and others.

I can participate in classroom and group activities to make my classroom, school, community or natural world a better place.

I can treat the environment with care and respect.

I can solve some problems myself and can identify when to ask for help.

I can consider other people's ideas and points of view. I can express a different opinion in a polite and respectful way.

I can identify problems and work on some problem-solving strategies with others.

I can demonstrate respectful and inclusive behaviour, including when I'm online.

I can explain when something is unfair to me or others.

I can advocate for others.

I can be part of a group.

I am kind and cooperative when I work and play with others.

I can build positive relationships with others.

I know when other people need some help. I give help when it is needed.

I try to understand how other people feel. I can take steps to help everyone to feel included.

