



**Book:** *It feels good to be yourself* - Youtube link Helen Fall (École North Oyster) reading the book <https://youtu.be/EreNyMN0J3U>

**Video:** *Celebrate Pride Month*  
<https://www.youtube.com/watch?v=1y388npO6Ns>

## Literacy



What does the word pride mean to you? Write some meaningful words, write a poem, or share a story.

## Numeracy



Make a mandala - a 3D visual pattern – that represents you using things you can find outside. Think about the different “ingredients” that make up who you are (e.g. personality, interests, family, etc.). How much or how many of those ingredients do you need? What does each part/ingredient represent? What do you need to grow (e.g. 10 hugs a day, mix with laughter and a kind heart, etc.)?

This recipe is what you will use to help make your 3D pattern.



## Creativity and Art



Create a piece of art that expresses who you are: draw, sketch, paint, sculpt, collage, portraits, 3-D model, digital-art, song

## Physical & Health Education



*Rainbow Breath- Go Noodle*  
<https://www.youtube.com/watch?v=O29e4rRMv4>